

So...What do we do now?

Here is a list of 9 things you can do, starting today, to help stop global warming.

1. **Change a light:** replacing one regular light bulb with a compact fluorescent light will save 150 pounds of carbon dioxide per year.
2. **Drive less:** walk, bike, carpool, or take metro transit more often. You'll save one pound of carbon dioxide for every mile you don't drive.
3. **Recycle more:** You can save 2,400 pounds of carbon dioxide per year by recycling just half of your household waste.
4. **Check your tires:** Keeping your tires inflated properly can improve gas mileage by more than 3%. Every gallon of gasoline saved keeps 20 pounds of carbon dioxide out of the atmosphere.
5. **Use less hot water:** It takes a lot of energy to heat water. Use less hot water by installing a low-flow showerhead (350 pounds of carbon dioxide saved per year) and washing your clothes in cold or warm water (500 pounds saved per year).
6. **Avoid products with a lot of packaging:** You can save 1,200 pounds of carbon dioxide if you cut down your garbage by 10%.
7. **Adjust your thermostat:** Moving your thermostat down just 2 degrees in winter and up 2 degrees in summer could save about 2000 pounds of carbon dioxide per year.
8. **Plant a tree:** A single tree will absorb one ton of carbon dioxide over its lifetime.
9. **Turn off electric devices:** Simply turning off your television, DVD player, stereo, and computer when you're not using them will save thousands of pounds of carbon dioxide per year.

